



THE UNIVERSITY OF THE THIRD AGE
NEWARK AND DISTRICT

Newark and District

<http://newark-u3a.org.uk>
Registered charity



January/February 2017

The Bridge Group Christmas Lunch.

We are now well into our second year of tuition with Clive and have bonded together as a group. After our last session before Christmas nine of us met for a traditional and beautifully cooked lunch at the Boathouse on Farndon riverside. Clive wore his elf hat, complete with flashing lights, and John (he tells us under instructions from his wife) a very festive jumper.

If there are people out there who have played bridge in the past and who would like to join the group you can be sure of a warm welcome.



Out and about to Birmingham

Setting off on time with Glen as our bus driver, 39 U3A members left for the Birmingham/Frankfurt Christmas market on 1st December. We had a quick journey and were dropped off near the markets, despite a traffic warden's friendly advice to move on quickly!



The German market spread along New Street to Victoria Square. There were lots of lovely and unusual Christmas decorations and presents and a wonderful selection of bratwurst, frankfurters, sauerkraut, mulled wine and beer!

Continuing along to Centenary Square there was the Birmingham Christmas market next to the wheel which apparently had wonderful views over the city. There was a huge selection of international food from Spanish pastries to Indian curries and again more beer!

The weather was kind to us and we had a good journey home until we got to Newark's rush hour traffic! All in all, an excellent day. Anne



END OF YEAR REPORT FROM THE “HAPPY BAND”

By the time you read this article 2016 will be long gone, a year that was particularly busy for the “Happy Band”. Besides regular Wednesday afternoon meetings (35 of them), we have performed at the Allington Village Great British Weekend, the Nottinghamshire County Show, West Bridgford WI 25th Birthday Dinner, St Giles’ Church Fair at Balderton, The Sconce & Devon Park Fest, Manners Sutton Primary School Averham Summer Fair, Balderton Methodist Church Fete, Winthorpe Summer Festival, Allington Village Hall Community BBQ helping to raise over £700 towards their village funds, a MacMillan Coffee Morning at the Robin Hood Theatre in Averham helping to raise £772.34 for the cancer charity –by far the most the organiser has previously sent, The Sherwood Forest Arts & Craft Centre Victorian themed weekend (a marathon session totalling 3 hours) and a Fete in aid of the Association of Guide Dogs. In our spare time we have performed twice at the TROC Care Home, twice at the Lancaster Grange Care Home, once in the Market Square in support of Beaumont House and on five occasions for the Open Door 1 Dementia Monday and Thursday Support Groups. We finished the year by supporting the Rumbles Charity by holding our annual Christmas Party in their café in Sconce Park.

The band has 23 members and is always happy to welcome newcomers of whatever standard. We play for the fun of it, don’t profess to be perfect and mainly perform for fellow charitable organisations. We don’t charge for our performances but any donations we do receive are greatly appreciated.

A great deal of satisfaction is achieved in bringing a little bit of pleasure and financial help to those individuals who may well be less fortunate than others so why not consider picking up the instrument and giving it a try; you never know you may love it! If you don’t fancy playing but enjoy singing then perhaps you would consider coming along to strengthen our limited vocal skills.



Whilst I’m on a recruitment campaign we are looking for an individual with a good sense of rhythm who would like to join as our percussionist and also someone with musical knowledge who would be happy to take on the mantle of “musical arranger”. If you are prepared to help us or perhaps know someone who could then please contact Bob Cawson (0780 1056296)

Well that was 2016 that was. Now bring on 2017. Already we have been asked to return to Allington in February for an evening’s “Sing-a-long”, East Markham WI have asked us to play for them In October, a return to the 2017 Sconce Fest is on the cards and so too are various dates for the Open Door 1 Dementia Support Groups.

Armchair Travel

Wednesday 18th January (1:45 for 2:00pm)

Part 1 – Landscapes, Cities & Countries:

To begin the New Year I have compiled a film to take us on a journey to:

10 Most beautiful places you must see to believe,

10 Most liveable cities in the World.

10 Most visited countries

10 Most expensive places to live

Part 2 – 50 Places to See before you Die (if you haven't already seen them!) According to 20,000 viewers of the BBC's 'Holiday' programme. This 1-hour film takes us on journeys to destinations such as No. 1 – The Grand Canyon (USA), No. 14 Machu Picchu (Peru), No. 20 – Great Wall (China), No. 33 Galapagos Islands (Ecuador), No. 42 – Bangkok (Thailand) and No. 50 – Bora Bora (French Polynesia) to name just a few. We shall be visiting the 50 destinations listed.

Group Leader: June Halford 923 648. All new members welcome.
Hawtonville Methodist Church Hall, Eton Avenue, Newark. Free parking & refreshments.



ARMCHAIR TRAVEL

Wed. 18 January

2 x films

Hawtonville Methodist
Church Hall
2:00pm

Forthcoming Speakers

January 2017: Mike Cox talking about 'Newark signs on famous people.'

February 2017: Stuart Rose. He is a farmer in Laxton and will be talking about the medieval open field farming there and how farming has changed.

March 2017 Mike Storr whose talk is 'Masters of Mirth.' This is a whimsical talk about old time music hall comedians.

April 2017: Professor Martin Barstow from the University of Leicester talking about 'The Hunt for Extra-terrestrial life.' Recommended by Southwell U3A.

May 2017: Carol and Steve Robson 'Fools Gold.' Stories with strings, acoustic folk songs with the history and story of the songs

All monthly meetings are held on the second Thursday in the month from 2pm-4pm

Comparative Religion

The next meeting of the Comparative Religion Group will be held on Monday, 16th. January 2017 at Hawtonville Methodist Church commencing at 10.00 am when we will be discussing Scientology.

All new members welcome. For further information contact Ron Watkins on 01636 705157."

Local History Group Programme for first half of 2017

There is no meeting in January

February 14th Peter White - talk on Worthington Simpson.

14th March Trip to R.A.F. Digby. This is a museum that Di Ilingworth has suggested. The location is near Sleaford so we will have to do car share.

April 11th John Whitfield - talk on Mittford family.

May 9th Nothing booked for this, any ideas anybody?

June 13th Local History Panel. A chance to find out what is happening around area.

THERE ARE NO MEETINGS JULY OR AUGUST.

Archaeology Group

Thursday, 19th January. Talk "Bring out the dead, Richard III and other bones" by Professor Phillip Dixon. The talk will be at 2.30pm at the Hawtonville Methodist Church Hall.

Peter Foden, 704241

News from the line dancing group

We meet at 10.00 on the fourth Thursday of the month at Christchurch hall in Balderton. The number 1 bus stops right outside, so it is very easy to get to. We looking forward to welcoming new members.



Line dancing is very good exercise without stressing the joints too much so it is excellent for keeping the body mobile. Dancers do not require a partner and no one cares if you go wrong because we all do from time to time. Contrary to popular Newark opinion, men can also line dance, so why not give it a go.

Walking group

The January 9th walk will be at Rufford Abbey. Meet in the main car park at 9.30. This will be the yearly planning meeting so bring your ideas with you. Reg (If the weather is awful we will just have a coffee meeting instead)



Tea and Coffee Rota

January	Janet Gascoyne Irene Danton Gill Willers
February	Jean Newsome David Newsome Corri Moss
March	Audrey Blake Janet Robinson Thea Evans

If you have volunteered and realise that you cannot make it, please let Sheila (673797) know in plenty of time so that she can organise a replacement.

Advance Warning

I am away from 24th April for three weeks, and the week prior to that I am on the Archaeology extended visit so I will not be able to produce a newsletter for the May meeting. The committee have decided that I should produce a bumper edition in April to cover both April and May. The next issue will not be published until the beginning of June. Would all group leaders/contributors note that all information for April and May must be in to me no later than 27th March. Janet

Science Group

Now that the Christmas and New Year period is over, it is time to think of plans for the months ahead. At our meeting on Tuesday 24th January the topic will be The Human Senses, traditional and non-traditional. On Tuesday 28th February the subject then will be The Discovery of DNA and how DNA is used to catch criminals. So do come along, 10am to 12 noon, with refreshments at "half-time", it will be good to meet you all again. Robert

Group Leaders

A meeting of the Group Leaders will be held on Monday, 30th January 2017 in the Bowls Club (behind Iceland) commencing at 2.00 p.m. Please let me have any items that you wish to be discussed as soon as possible.
Ron Watkins

Latin Groups

There are two existing Latin Groups one led by Anne Godfrey, which is reading Caesar and Livy and the other led by Tom Chamberlain which started from scratch using the Cambridge Schools course and has reached intermediate standard. This group is now full. Some interest has been shown in a course for complete beginners. Would anyone be interested in running such a course? You don't need to have a degree in classics as the Cambridge Course is so well designed and enjoyable. The leader needs only enthusiasm and some familiarity with the language. If anyone is interested please contact Tom Chamberlain (Tel No. 01636 678571) or me (Tel. No 01636 705157). Ron Watkins

What is Boccia?

Boccia can be played by individuals, pairs, or teams of three. All events are mixed gender. The aim of the game is to throw leather balls — coloured red or blue (which side uses which is determined by a coin toss) as close as they can to a white target ball, or jack. The jack is thrown first, then the first two regular balls are played (first, the player who threw the jack then the opposing side), after which the side furthest away from the jack goes next in an attempt to either get closer to the jack or knock the opposition's ball out of the way. In this fashion, each end will continue until one side has played all their balls, at which point, the opposing side will play their remaining balls. The balls can be moved with hands, feet, At the end of each round, or end, the referee measures the distance of the balls closest to the jack, and awards points accordingly — one point for each ball that is closer to the jack than the opponent's closest ball. The team/ player with the highest number of points at the end of play is the winner. If both teams have the same number of points after all ends have been played, one additional end is played to determine a winner.

Originally created for disabled players, it has become very popular with older players who may have less joint flexibility. It is easy to play and great fun so why not give it a go? The Boccia group is always happy to welcome new players. They meet on the third Monday of the month at Fernwood Village Hall. Give John a ring if you fancy having a go.



COMMITTEE MEMBERS

Chair	Chris Handson
Vice Chair	Sheila Harris
Treasurer	Alan Williams
Secretary	Bob Cawson
Membership Secretary	Tony Marriott
Electronic Media	Reg Robinson
Speaker Seeker	Anne Handson
Groups Coordinator	Ron Watkins
Members	Reg Goodall
	Jacq Cartwright
	Neil Hinchley

Useful contacts

Minutes Recorder	Gill Peterson
Coffee/tea rota	Sheila Harris
Newsletter Team	Janet Robinson, Jackie Leitch, Bob Leitch, Sheila Harris

Getting your Newsletter

If you or a friend are unable to collect a copy from the foyer or lounge at the Thursday meeting, a newsletter can be obtained from Teapots, Saracen's Head Yard during the Friday coffee mornings, 11-12 noon.

Please note the new contact details for the newsletter and website

Newsletter: newarku3a@outlook.com

Website: u3anewark@outlook.com

Here are the contact numbers for group leaders. Some groups can cope with unlimited numbers whilst others are limited by lack of space. So, if you would like to join a group please contact the group leader to make sure there is space.

Archaeology	Peter Foden	01636 704241
Armchair Travel	June Halford	01636 923648
Art for All	Jacq Cartwright	01636 650411
Art Appreciation	Michael Ayling	01636 650607
Indoor Boules	John Proctor	01636 673736
Book Circle	Brenda Williams	01636 704282
Craft Group	Carole Tweedale	01636 672989
Craft and Chatter	Eileen Kenny and Sue Endows	01636919728 01636921373
Creative Writing	Maj Donovan or Jean Johnson	01636 702381 01636 688954
Comparative Religion	Ron Watkins	01636 705157
Dance (Line & Circle)	Audrey Blake	01636 650676
Discussion	Muriel Price	01636 672883
Digital Photography	Richard Harcus	01636 684511
Early Birds	c/o Jacq Cartwright	01636 650411
French Conversation	Tony Williams	01636 813763
Geology	Niki Whitburn	01636 706339
German	Corri Moss	01636 706573
Improvers Rubber Bridge	Clive Morrissey	01623 860311
Investment	Reg Goodall	01636 651838
Knit and Natter	Alma Ratcliffe	01636 701096
Literature	Glynda Green	01623 860311

Local History	Colleen Bergman	01636 689294
Mah Jong	Sonya Sinclair	01636 672921
Media Group	Contact Jacq	01636 650411
Motor Home& Caravan	Marjorie Goss	07822484010
Music Appreciation	Terry Bowler Or Tony Marriott	01636 650751 01636 659239
Nordic Walking	Alan Williams	01400 281986
Out and about	Chris Handson	01636 677514
Philosophy	Tom Chamberlain	01636 678571
Play Reading	Gill Peterson	01636 672154
Recorder Playing	Alison Wilson	01636 673298
Science Club	Robert Anderson	01636 687909
Scrabble	Ron Watkins	01636 705157
Singing for fun	Alison Wilson	01636 673298
Ukulele Happy Band	Bob Cawson	07801 056296
Walking Group	Reg Robinson	01636 700188

Note from Editor

Please make sure you send any contributions to this email address **newarku3a@outlook.com** and not to my personal email, or use messenger. I will always acknowledge anything you send but don't worry if you don't get an immediate reply, as I don't log on to this account until I am ready to compile the newsletter. If you haven't heard from me by the 27th of the month, please resend your article.

It would help me a great deal if you would send in articles using size 12 Arial font. Thanks, Janet

January/February 2017

Monday		Tuesday		Wednesday		Thursday		Friday	
9	Walking 09.30 Investment 10.00 Music Appreciation 14.00	10	Art Appreciation 10.00 Motor Home Group 14.00	11	German Intermediate 10-00 Improvers Rubber Bridge 10.00 Literature 10.15 Ukulele Happy Band 14.00 German Beginners 13.00	12	Nordic Walking 10.00 Monthly meeting 14.00	13	German Conversation 10.00 French Conversation 10.30 Coffee morning 11.00 Discussion 14.00
16	Craft 09.30 Comparative Religion 10.00 Knit and Natter 14.00 Boccia 14.00 Recorders 14.00	17	Art for All 10.00 Craft and Chatter 14.00	18	Creative Writing 10.00 Literature 10.15 Ukulele Happy Band 14.00 Armchair Travel 14.00	19	Archaeology 14.30	20	Philosophy 10.0 French Conversation 10.30 Coffee morning 11.00
23	Singing for fun 14.00	24	Science Club 10.00 Digital Photography 14.00	25	German Intermediate 10-00 Improvers Rubber Bridge 10.00 German Beginners 13.00 Ukulele Happy Band 14.00 Geology 14.30	26	Line Dancing 10.00 Early Bird 18.15	27	German Conversation 10.00 Coffee morning 11.00 Discussion 14.00
30		31		1	February Literature 10.15 Ukulele for Fun 14.00 Mah Jong 14.00	2	Nordic Walking 10.00	3	Philosophy 10.00 Coffee morning 11.00
6	Scrabble 14.00 Play reading 13.30 Recorders 14.00	7	Art for All 10.00	8	German Intermediate 10-00 Improvers Rubber Bridge 10.00 Literature 10.15 Ukulele Happy Band 14.00 German Beginners 13.00	9	Nordic Walking 10.00 Monthly meeting 14.00	10	German Conversation 10.00 French Conversation 10.30 Coffee morning 11.00 Discussion 14.00
13	Walking 09.30 Investment 10.00 Music Appreciation 14.00	14	Art Appreciation 10.00 Motor Home Group 14.00 Local History 14.00	15	Creative Writing 10.00 Literature 10.15 Ukulele Happy Band 14.00 Armchair Travel 14.00	16	Archaeology 14.30 Circle Dancing 13.30	17	Philosophy 10.0 French Conversation 10.30 Coffee morning 11.00
20	Craft 09.30 Comparative Religion 10.00 Knit and Natter 14.00 Boccia 14.00 Recorders 14.00	21	Art for All 10.00 Craft and Chatter 14.00	22	German Intermediate 10-00 Improvers Rubber Bridge 10.00 German Beginners 13.00 Ukulele Happy Band 14.00 Geology 14.30	23	Line Dancing 10.00 Early Bird 18.15	24	German Conversation 10.00 Coffee morning 11.00 Discussion 14.00
27	Singing for fun 14.00	28	Science Club 10.00 Digital Photography 14.00						