

## Improvers Rubber Bridge is Changing

We have all enjoyed Clive's expert teaching and have learnt much over the past three years. So, starting in the Autumn, (12<sup>th</sup> September) this will become "Just Play Bridge."



Clive will still be there to help as necessary, but we will be focusing on learning through playing.

We are a friendly group, there is an enjoyable, relaxed atmosphere and we would love more people to join us.

So, if you play bridge and would like to join us in September do come along, or talk to Clive about it, on 01623 – 860311.

At Newark Town Bowls Club; Alternate Wednesdays 10.00 – 12.00.  
Bridge Group Members.

### Information

**To use this space for your group you first need to submit your text and images.  
The more you use this the better your group will become.**



THE UNIVERSITY OF THE THIRD AGE  
NEWARK AND DISTRICT

Newark and District

<http://newark-u3a.org.uk>  
Registered charity



September 2018

### Important Reminder

**September tea and coffee will be served from  
1:45 pm the beginning of the meeting**

### Art Appreciation

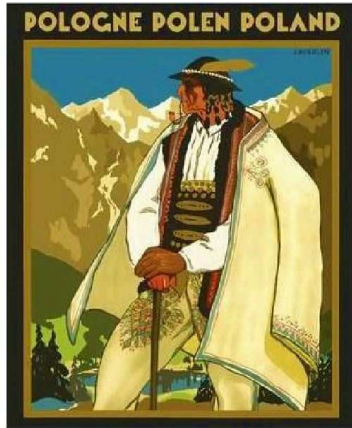
The next meeting of the group will be on Tuesday 11th September at 10a.m. at the Town Bowls Club. The topic will be "Holidays" and each member will be bringing along a favourite illustration on this theme. Newcomers are always welcome.



Dame Laura Knight, (née Johnson), DBE RA RWS (4 August 1877 – 7 July 1970) was an English artist who worked in oils, watercolours, etching, engraving and drypoint.

## Armchair Travel

Monday September 24<sup>th</sup> (Hawtonville Meth. Church Hall)



### ARMCHAIR TRAVEL

Mon. 24th Sept.

2 x films

### WARSAW & POLAND

**Part 1 – WARSAW Travel Guide:** *Film (1) 10.32* - Warsaw has been a centre of refinement and knowledge. Its true heart is its Old Town - the opulent Royal Castle has been painstakingly rebuilt. The mermaid Syrena (the symbol and protector of Warsaw) plus a visit to St John's Cathedral and St Anne's Church is I guarantee well worth a visit. *Film (2) 7.00* – 'Poland is so Beautiful'. Fall in love with her. Were to come on holiday, photographs of places and cities worth seeing. *Film (3) 3.42* – Music and dance from Poland's Summer Hit 2017.

**Part 2 – POLAND: The Road of Revival:** *Film 52.26* – Pierre Brouwers sets out with his cameras to discover the traces of the fascinating History and many facets of this country full of surprises. Including the Elblag Canal. The Bison of Borecka Forest. The Storks. Malbork Castle. Sopot. Lublin. Zamosh. Gdansk. Krakow. Auschwitz. Zakopane. The Flower Festival plus Ariel Views.  
1.45 for 2.00 – 4.00pm. All new members welcome. Refreshments.  
Free parking. For further information contact Group Leader June Halford 923 648.

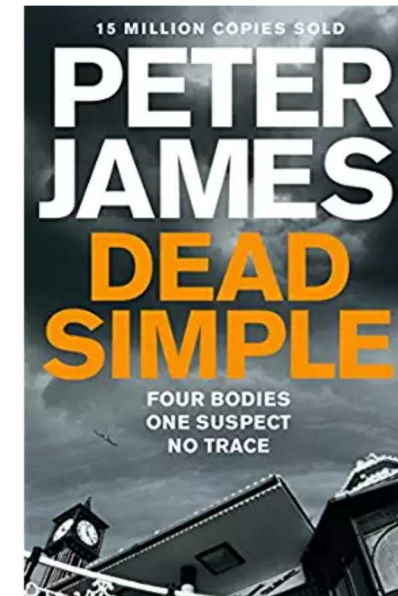
## New Groups starting or just started

### Murder, Mystery Book Group

We normally meet at Carriages cafe, 2pm on the third Monday of the month.  
Due to matters beyond my control we will for this month be meeting at Strays and will start at 3pm

email [gill.lee@live.com](mailto:gill.lee@live.com) or Phone  
07398171075. for more details

### September Book



## Coffee Morning Groups

There are two Friday Coffee morning groups on opposite sides of the town which hopefully enables everyone to access one or other of them.

10.30 Carriages  
(Castle Railway Station)

Decorated cake (seen right)  
Part of a large display of items at Carriages



11.00 Collectable Creations Café (London Rd car park)  
Everyone is welcome.

### Walking Group Monday, 8th October

The October walk is from Edingley starting from The Old Reindeer, Edingley (between Southwell and Farnsfield) at 9.30am. The walk is approximately 4 1/4 miles and may be muddy after rain. There are three stiles. Afterwards coffee will be available at the Old Reindeer. The pub serves carvery lunches (eat as much as you like) or snacks from 12 noon should anyone wish to stop.

Stuart and Ann Barber

## HAPPY BAND

They say that a day is worthwhile when you make someone smile.

The Happy Band have kept their cool during the hot summer whilst entertaining the local people.

We are often rewarded with cups of tea and wonderful homemade cakes as we were at the Averham Summer Fete and a strawberry tea at Barnbygate Methodist Church.

The Band are regular visitors to the Balderton Dementia Group whose members always enjoy singing and dancing to our music. At our last meeting we had an 'Open Mic' afternoon to encourage us to play music



of our own choice either solo or in a group. This will hopefully help us to gain more confidence. the beginners have certainly improved in leaps and bounds.

Rita Cutts

## Digital Photography

Not having met in July we had plenty of time to complete our August project on depth of field and again there were some varied images all showing both short and long depth and near and far.

I think that we all now aware of not only how this is achieved but for what reasons it improved our images.

Richard Harcus

## LOCAL HISTORY

Trip to Town Hall on 11 September is now full and we have a waiting list.

LOCAL HISTORY TO RAF CRANWELL on 9th October is also full.

Here is some details about this trip.

We will meet at Bowls Club at 1pm. to sort out car share. I need to know who needs a lift or can you give someone a lift. I need **car number plates** and **colour of car** to pass in TO CRANWELL.

**On day of trip we need to take passports or driving licence for security check at guard room.**

Dress code is smart (no jeans)

I will be collecting a donation for RAF HERITAGE FUND of £3 from you.

Directions TO CRANWELL is near Sleaford post code NG34 8HB

Any questions re- above you can telephone me on 01636 689294.

Email Colleen.bergmann@sky.com

Due to personal reasons I am unable to lead the Local History Group after the December meeting.

We are therefor looking for someone who would like to take over in the New Year or the group will have to disband.

I want to thank everyone who helped me at the meetings over the last 8 years.

### **The programme till December.**

13th November - Colin Deeley talk on Belton House.

11th December--Chris Weir talk on Nottingham in days gone by.

COLLEEN Group Leader

### **Science Group**

On Tuesday 25th September the topic for the lecture will be;

Muscles, Balance and avoiding falls Including cramp and what to do about it. So, come along, all are welcome.

Robert Anderson

## BALLROOM DANCING GROUP

The July meeting of the Ballroom Group took place on what must have been one of the hottest days of the year so far. The mercury peaked at 28 degrees in the shade and yet this did nothing to discourage the enthusiastic dancers, who were put through their paces in the Coddington village hall by Mike & Maggie.

With the temperature soaring outside, the pace inside was kept gentle and slow, as this month's dance theme was the waltz.

After a break for refreshments it was once again back onto the dance floor to put into practice what had been learned in the first half and, in spite of the heat, everyone earned a good pat on the back as they had mastered a fairly respectable circuit around the floor by the end of the session.

The Group will meet again at Coddington Village Hall, 2.30 - 4.30 pm on Thursday 27<sup>th</sup> September.

Maggie George, Group Leader 07790 719870.

email [maggiageorge@gmail.com](mailto:maggiageorge@gmail.com)

## Where to find us

All monthly meetings are held on the second Thursday in the month from 2pm-4pm at Holy Trinity Catholic Church, Boundary Road, Newark, NG24 4AU. Parking is extremely limited at the Church during school hours so we recommend that you park at Sconce Hills Park (a little further down Boundary Road) and walk back.

## Tea and Coffee Rota

September	Peter Foden Jean Foden Lynn Anderson Shelia Harris
October	Still to be arranged. If you would like to help or just find out what is involved then speak to Pat Harcus

Please let Pat know on 684511 if you are unable to attend so she can organise a replacement.

More volunteers are always welcome.

### Introducing the Greek New Testament

This will be a 6 session taster course for absolute beginners. There will be an information meeting in Newark Town Bowls Club (behind Iceland Supermarket) on Wednesday 19th September at 10.00am - 11.00am and the course will start on Wednesday 3rd October. If interested, please drop in on 19th September or ring Clive at any time on 01623 860311. (Maximum 7 members).

## Forthcoming Speakers

Sept 2018	Mike Newbold -My Extra Life (my life as an extra).
Oct 2018	Chris Bentley - Aspects of Japan (including Sumo Wrestling!)
Nov 2018	Bob White - 'Robin Hood - The legend and The reality.'
Dec 2018	Members Showcase

### Circle Dancing

There is no meeting in September

### Line dancing

There is no meeting in September

### Please note the contact details for the newsletter and website

**Newsletter:** newarku3a@outlook.com

**Website:** u3anewark@outlook.com

All contributions to the newsletter must be received by **24th** of the month.



### ARCHAEOLOGY GROUP

Our next meeting is on **Thursday, September 20<sup>th</sup>** with a visit to The Black Country Living Museum in Dudley. The coach will leave Northgate near Aldi at 9.30am. We should be home about 5.30/6.00pm. Lunch will be available at the Museum. The cost for the coach and museum entrance is £25. Cheques should be made out to The Newark and District U3A. Please let me know if you would like to go.

**Peter Foden 704241**



### Craft Group

Jewellery with a Difference!

Did you know you can make jewellery from bicycle inner tubes? We didn't until our June craft Meeting!

After showing us a selection of decorated hats, belts, bracelets, etc. for her Steampunk outfits, our invited demonstrator, Ann Pitcairn, showed us how to make flower brooches from inner tubes. There was also the option of making greetings cards using die cut motifs from the same material.



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Liz Addington

### Committee Members

<u>Position</u>	<u>Name</u>
Chair	Chris Handson
Vice Chair	Jacq Cartwright
Treasurer	Jon Smith
Secretary	Val Greaves
Membership Secretary	Maggie George
Groups Coordinator	Robert Anderson
Committee Member (Website)	Richard Harcus
Committee Member (Speaker Seeker)	Anne Handson
Committee Member	Reg Robinson
Committee Member	Geoff Bowers
Committee Member	Andy Light
Committee Member	Pat Harcus

**Catering Organiser:**-Pat Harcus

**Newsletter team:**- Richard Harcus, Bob Leitch, Sheila Harris, Reg Goodall

### Group Leaders

Please check that the information about contact details and meeting times is correct and let me know if it needs to be amended. Thanks, Richard

Mah Jong	Sonya Sinclair	01636 672921	1st Wed 2.00
Media Group	Contact Jacq	01636 650411	occasionally
Motor Home, Caravan & Boat	Andrew Birkhead	07890 992169	Contact Andrew
Music Appreciation	Terry Bowler Or Tony Marriott	01636 650751 01636 659239	2nd Monday 2.00
Nordic Walking	Alan Williams	01400 281986	1st & 2nd Tues 10.00
Out and about	Chris Handson	01636 677514	Contact Chris
Philosophy	Tom Chamberlain	01636 678571	Alternate Fridays
Play Reading	Gill Peterson	01636 672154	1st Monday 1.30
Recorder Playing	Alison Wilson	01636 673298	1st & 3rd Mon 2.00
Science Club	Robert Anderson	01636 687909	4th Tuesday 10.00
Scrabble	Ron Watkins	01636 705157	1st Monday 2.00
Singing for fun	Alison Wilson	01636 673298	4th Monday 2.00
Ukelele Happy Band	Gill Peterson	01636 672154	2,3,4th Wed, pm
Walking Group	Reg Robinson	01636 700188	2nd Monday 09.30

Please note that group meeting times and days can change sometimes, especially when they fall on a Bank Holiday. If you are unsure, please check with the group leader. Do not rely on the diary page, as I do not always get up-to-date information.

### Getting your Newsletter

If you or a friend are unable to collect a copy from the foyer or lounge at the Thursday meeting, a newsletter can be obtained from Carriages café at Castle Station during the Friday coffee morning meeting from 10.30 till noon. Alternatively, you can ring your group leader and ask him or her to pick up a copy for you and bring it to the group meeting.

## Group Leaders

Archaeology	Peter Foden	01636 704241	3rd Thursday 2.30
Art for All	Jacq Cartwright	01636 650411	1st & 3rd Tues 10.00
Armchair Travel	June Halford	01636 923648	Last Monday 1.45
Art Appreciation	Michael Ayling	01636 650607	2nd Tuesday 10.00
Ballroom Dancing	Maggie George	07790719870	4th Thursday 14.30
Coffee Morning	Reg Goodall	01636 651838	Every Friday 10.30
Craft Group	Carole Tweedale	01636 672989	3rd Monday 9.30
Craft and Chatter	Sue Eddowes	01636921373	3rd Tuesday 2.00
Creative Writing	Maj Donovan or Jean Johnson	01636 702381 01636 688954	3rd Wed 10.00
Dance ( Circle)	Audrey Blake	01636 650676	3rd Thursday 2.00
Dance (line)	Audrey Blake	01636 650676	4th Thursday 10.00
Discussion	Muriel Price	01636 672883	2nd & 4th Fri. 2.00
Digital Photography	Richard Harcus	01636 684511	4th Tuesday 2.00
Early Birds	c/o Jacq Cartwright	01636 650411	4th Thursday 6.15
French Conversation	Tony Williams	01636 813763	2nd & 3rd Fri 10.30
Geology	Niki Whitburn	01636 706339	1st Tuesday 2.00
German	Corri Moss	01636 706573	Contact Corri
Just Play Bridge	Clive Morrissey	01623 860311	Alternate Wed 10.00
Literature	Glynda Green	01623 860311	Contact Glynda
Local History	Colleen Bergman	01636 689294	2nd Tuesday 2.00

## September and October

Monday		Tuesday		Wednesday		Thursday		Friday	
3 <b>Sept</b>	Recorders 14.00 Scrabble 14.00 Play reading 13.30	4	Art for All 10.15 Geology 14.00	5	German 1 10.00	6	Nordic Walking 10.00	7	German 2 10.00 Coffee morning 10.30
10	Walking 09.30 Music Appreciation 14.00	11	Art Appreciation 10.00 Local History 14.00	12	Just play Bridge 10.00 Literature 10.15 Ukulele Happy Band 14.00 German 1 10.00	13	Nordic Walking 10.00 Monthly Meeting 14.00	14	Philosophy 10.00 French Conversation 10.30 Coffee morning 10.30 Discussion 14.00
17	Craft 09.30 Gospel Group 10.00 Recorders 14.00	18	Art for All 10.00 Craft and Chatter 14.00	19	Ukulele Happy Band 14.00 Mah Jong 14.00 Creative Writing 10.00	20	Archaeology 14.30	21	German 2 10.00 French Conversation 10.30 Coffee morning 10.30
24	Singing for fun 14.00 Armchair Travel 14.00	25	Science Club 10.00 Digital Photography 14.00	26	Just Play Bridge 10.00 German 1 10.00 Literature 10.15 Ukulele Happy Band 14.00	27	Ballroom Dancing 14.30 Early Bird 18.15	28	Philosophy 10.00 Coffee morning 10.30 Discussion 14.00
1 <b>Oct</b>	Recorders 14.00 Scrabble 14.00 Play reading 13.30	2	Art for All 10.15 Geology 14.00	3	German 1 10.00	4	Nordic Walking 10.00	5	German 2 10.00 Coffee morning 10.30
8	Walking 09.30 Music Appreciation 14.00	9	Art Appreciation 10.00 Local History 14.00	10	Just play Bridge 10.00 Literature 10.15 Ukulele Happy Band 14.00 German 1 10.00	11	Nordic Walking 10.00 Monthly Meeting 14.00	12	Philosophy 10.00 French Conversation 10.30 Coffee morning 10.30 Discussion 14.00
15	Craft 09.30 Gospel Group 10.00 Recorders 14.00	16	Art for All 10.00 Craft and Chatter 14.00	17	Ukulele Happy Band 14.00 Mah Jong 14.00 Creative Writing 10.00	18	Circle Dancing 14.00 Archaeology 14.30	19	German 2 10.00 French Conversation 10.30 Coffee morning 10.30
22	Singing for fun 14.00	23	Science Club 10.00 Digital Photography 14.00	24	Just Play Bridge 10.00 German 1 10.00 Literature 10.15 Ukulele Happy Band 14.00	25	Line Dancing 10.00 Ballroom Dancing 14.30 Early Bird 18.15	26	Philosophy 10.00 Coffee morning 10.30 Discussion 14.00
29	Armchair Travel 14.00	30		1 <b>Nov</b>	German 1 10.00	2	Nordic Walking 10.00	3	German 2 10.00 Coffee morning 10.30