



THE UNIVERSITY OF THE THIRD AGE
NEWARK AND DISTRICT

Newark and District

<http://newark-u3a.org.uk>
Registered charity



April/May 2018

Coffee Group at 'Carriages'

Here are some of the Coffee Group Members at Carriages (this is situated in the Castle Station Rooms). Please be aware that some Fridays we are in the room through the curtains.

Who will pop in next week?

We average about twenty members each week, but there is still room for more.



ARCHAEOLOGY GROUP VISIT TO HAMPSHIRE 7th – 11th MAY, 2018



Baddesley Clinton
Winchester Cathedral



Portsmouth Historic Dockyard
Old Sarum



The visit will include Baddesley Clinton manor house and gardens, Portsmouth Historic Dockyard, Winchester including a tour of the Cathedral, Old Sarum, Romsey and the Ashmolean Museum in Oxford.

We will be staying in the Best Western Chilworth Manor Hotel north of Southampton.

Due to a withdrawal there is now a vacant room in the hotel. This can be a single, double or twin room. If you are interested please contact me as soon as possible and I will send you all the details.

Peter Foden 01636 704241

The craft group trying their hand at Chinese painting. Many thanks to Reg Robinson.



How well do you know Newark? Where did Richard take these pictures



Overcrowding at meetings

Many thanks to all of you who responded to the questionnaire. As you will imagine there was very little consensus but at least everyone had the chance to air their views. The Committee have discussed all of your suggestions but as yet have found no long term solution. However, they have decided on the following:

- 1 after the summer break tea and coffee will be served at the beginning of the meeting (1.45-2.15 approx.)
- 2 the meeting with speaker will commence after that
- 3 numbers will be monitored over the next few month
- 4 other venues will continue to be sought

Reg Robinson

Forthcoming Speakers

April 2018 :-	Ken Heathcote and Piper Dogs for Good (formerly Dogs for the Disabled) Recommended by a member
May 2018 -	William Ruff 'A day in the life of the English Language'
June 2018 -	AGM, no speaker
July 2018 -	The work of the Street Pastors at Malt Cross
August 2018	No meeting
Sept 2018	Mike Newbold -My Extra Life (my life as an extra).

Please note the contact details for the newsletter and website

Newsletter: newarku3a@outlook.com

Website: u3anewark@outlook.com

I will be hanging up my pen in May. Richard Marcus will be taking over as the new newsletter editor. Please send all contributions to the above address as usual. Many thanks for all your contributions over the last seven years and your tolerance when I got it wrong. Without your input the newsletter would not exist. Janet

All contributions to the newsletter must be received by **24th** of the month.

Where to find us

All monthly meetings are held on the second Thursday in the month from 2pm-4pm at Holy Trinity Catholic Church, Boundary Road, Newark, NG24 4AU. Parking is extremely limited at the Church during school hours so we recommend that you park at Sconce Hills park (a little further down Boundary Road) and walk back.

Coffee Morning Groups

There are two Friday Coffee morning groups on opposite sides of the town which hopefully enables everyone to access one or other of them.

10.30 Carriages (Castle Railway Station)

11.00 Collectable Creations Café (London Rd car park)

Everyone is welcome.

Forthcoming Out and About trips

The Stratford- Upon -Avon Trip is sold out . The bus Leaves the corner of Cow Lane and Northgate (Aldi) at 9.00 am sharp and we will be leaving Stratford at 4.00pm

The Tewkesbury Trip is also sold out . The bus leaves at 8.30am sharp (earlier- long way) from the corner of Cow Lane and Northgate (Aldi) and we will be leaving Tewkesbury at 4.00pm
Chris

Science Group

On Tuesday the 24th of April the subject of my talk will be the science behind how hormones control just about everything in the body. Biomedical research has shown that how we think and feel influences the many ways these mysterious molecules affect our wellbeing. I hope to see you there. Robert.

Group Leaders

Archaeology	Peter Foden	01636 704241	3rd Thursday 2.30
Art for All	Jacq Cartwright	01636 650411	1st & 3rd Tues 10.00
Armchair Travel	June Halford	01636 923648	Last Monday 1.45
Art Appreciation	Michael Ayling	01636 650607	2nd Tuesday 10.00
Coffee Morning	Reg Goodall	01636 651838	Every Friday 10.30
Craft Group	Carole Tweedale	01636 672989	3rd Monday 9.30
Craft and Chatter	Sue Eddowes	01636921373	3rd Tuesday 2.00
Creative Writing	Maj Donovan or Jean Johnson	01636 702381 01636 688954	3rd Wed 10.00
Dance (Circle)	Audrey Blake	01636 650676	3rd Thursday 1.30
Dance (line)	Audrey Blake	01636 650676	4th Thursday 10.00
Discussion	Muriel Price	01636 672883	2nd & 4th Fri. 2.00
Digital Photography	Richard Harcus	01636 684511	4th Tuesday 2.00
Early Birds	c/o Jacq Cartwright	01636 650411	4th Thursday 6.15
French Conversation	Tony Williams	01636 813763	2nd & 3rd Fri 10.30
Geology	Niki Whitburn	01636 706339	1st Tuesday 2.00
German	Corri Moss	01636 706573	Contact Corri
Improvers Rubber Bridge	Clive Morrissey	01623 860311	2nd & 4th Wed 10.00
Literature	Glynda Green	01623 860311	Contact Glynda

Local History	Colleen Bergman	01636 689294	2nd Tuesday 2.00
Mah Jong	Sonya Sinclair	01636 672921	1st Wed 2.00
Media Group	Contact Jacq	01636 650411	occasionally
Motor Home, Caravan & Boat	Marjorie Goss	07882484010	Contact Marjorie
Music Appreciation	Terry Bowler Or Tony Marriott	01636 650751 01636 659239	2nd Monday 2.00
Nordic Walking	Alan Williams	01400 281986	1st & 2nd Tues 10.00
Out and about	Chris Handson	01636 677514	Contact Chris
Philosophy	Tom Chamberlain	01636 678571	Alternate Fridays
Play Reading	Gill Peterson	01636 672154	1st Monday 1.30
Recorder Playing	Alison Wilson	01636 673298	1st & 3rd Mon 2.00
Science Club	Robert Anderson	01636 687909	4th Tuesday 10.00
Scrabble	Ron Watkins	01636 705157	1st Monday 2.00
Singing for fun	Alison Wilson	01636 673298	4th Monday 2.00
Ukelele Happy Band	Bob Cawson	07801 056296	2,3,4th Wed, pm
Walking Group	Reg Robinson	01636 700188	2nd Monday 09.30

Please note that group meeting times and days can change sometimes, especially when they fall on a Bank Holiday. If you are unsure, please check with the group leader. Do not rely on the diary page, as I do not always get up-to-date information.

Getting your Newsletter

If you or a friend are unable to collect a copy from the foyer or lounge at the Thursday meeting, a newsletter can be obtained from Carriages café at Castle Station during the Friday coffee morning meeting from 10.30 till noon. Alternatively, you can ring your group leader and ask him or her to pick up a copy for you and bring it to the group meeting.

Committee Members

Position	Name
Chair	Chris Handson
Vice Chair	Jacq Cartwright
Treasurer	Alan Williams
Secretary	Val Greaves
Membership Secretary	Ron Watkins
Groups Coordinator	Robert Anderson
Committee Member (Website)	Reg Robinson
Committee Member (Speaker Seeker)	Anne Handson
Committee Member (Minutes Secretary)	Neil Hinchley
Committee Member	Reg Goodall
Committee Member	Geoff Bowers

Catering Organiser: -Pat Harcus

Newsletter team: - Janet Robinson, Jackie Leitch, Bob Leitch
Sheila Harris, Reg Goodall

Group Leaders

Please check that the information about contact details and meeting times is correct and let me know if it needs to be amended.

Thanks, Janet

Tea and Coffee Rota

April

June Halford
Jill Dickinson
Eileen Hudson
Richard Marcus

May

Reg Goodall
Pat Wilson
Ann Willis
Angela Laverack

Please let Pat know on 684511 if you are unable to attend so she can organise a replacement. More volunteers are always welcome.

New Treasurer

At the next AGM in June 2018 our present Treasurer will be standing down . If you feel you could offer something to our committee team and would like to try, please contact Mr Alan Williams on 01400 281986 or any member of the committee team .

The committee are friendly towards each other and have social events (usually food and drink related!).

Full training and help will be given and a laptop provided. We also outsource submissions to Government bodies and could outsource final accounts preparation if required, so no need to worry about those sorts of things!

Chris

Walking Group

April 9th, Harlaxton and Denton (5 miles). leaders— Janet and Carol. Meet at the Gregory Arms (on A607). at 09.30. There is some field walking.

Monday 14th May Cotgrave Country Park. Hollygate Lane, Cotgrave, NG12 3JW. Leaders John and Val Meet at 09.30

Music Appreciation Group

The group, together with members of the Newark Music Club, enjoyed a concert of Beethoven and Tchaikovsky at the Royal Concert Hall on the 8th March. Our next concert visit is on Saturday 5th May when the programme includes the very popular Organ Symphony by Saint- Saens. Terry Bowler

Data Protection and you

You have probably noticed that the membership form has changed this year. This is because recently there have been moves by the Government to tighten the law on privacy and data protection. Committee Member Reg Robinson has done a tremendous amount of work on this to see that we comply and that the objects clause in our Constitution is in line with Charity Commission rules (as this could affect our Public Liability Insurance cover).

Also, for our ease of operation, the ratio of attendant members at AGM to the total membership has been lowered so that a quorum can be achieved and the business of your U3A can be conducted efficiently. As well as these measures we intend to increase the number of Committee members to twelve to ease the problem of continuity

The new policy on Data Protection, Privacy Policy and the new Constitution can be read on the website and will also be emailed to you if you receive your newsletter this way. Chris

Local History tour of the Parish Church

23 of us met at the church on 13th March. We were met by Rita McCall who told us the history of the St Mary Magdalene Church which dates back to the 12th century. There was so much to see. We did not know there was a library on the next floor. We then had a visit down to the Crypt where all the Silver Plate Chalices' are kept.

Altogether it was well worth another visit. We were treated to refreshments and delicious homemade cakes and gave Rita McCall £92.00 towards the restoration fund.
Colleen Bergmann- Group leader



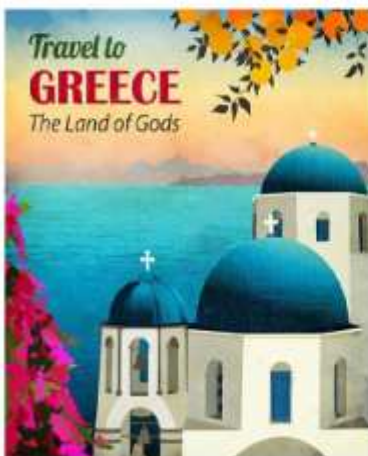
Armchair Travel

Monday 28th May 2018 – (May Bank Holiday Monday... meeting as usual). 1:45 for 2:00pm start. (Hawtonville Methodist Church Hall).

Part 1 – ATHENS: The thriving capital of Greece sprawls out from the foot of its magnificent Acropolis. We'll tour the must-sees of ancient Athens, The Parthenon and Agora. We'll take the fast-paced pulse of the modern city, and waste no time getting to other exciting locations. (3x Films = 27 mins).

Part 2 – GREEK ISLANDS: Jewels thrown into the Aegean history and nature. Romans and Byzantines, sun worshippers and swimmers, gentle bays, sea as blue as the sky, sky as blue as the sea and golden sand. Old cities, monasteries built on cliffs, mosaics shining with gold, the scent of the orange orchards, waving silvery olive trees, taverns and cafes, windmills and idyllic white walled villages, crowded bays... Many of the most beautiful and most visited islands in one film! (Film 52 mins).

New members welcome. Free parking. Refreshments. For further information visit our website or contact Group Leader June Halford on 923 648 – Email: june.halford1@sky.com



**ARMCHAIR
TRAVEL**

**MON. 28 MAY
(Bank Holiday)**



**ATHENS &
GREEK ISLANDS**

BALLROOM DANCING GROUP

The new Ballroom Dancing Group met for the first time on 22nd March. Mike & I had bitten our fingernails to the quick, pondering over whether or not the new venture would be a success. Would anyone even turn up, we wondered. Imagine our surprise when we arrived at the hall to find a small gathering of people all eager to put their “best foot forward” and learn some “Strictly” moves.

Some had danced before but the majority were absolute beginners who were game for a laugh and ready to give it a whirl. Mike took them through the rudiments of a waltz for the first half of the afternoon and it was an absolute delight to watch everyone laughing and having so much fun, while he “tweaked” their two left feet and helped them discover their right one too.

Following a well-earned break for coffee and biscuits (no expense spared!), it was back to the dance floor, this time to turn up the heat for a bit of cha-cha-cha. After all the hard work, the session was rounded off with a last waltz to practice what had been learnt. As Mike said, everyone could be justifiably proud of what they’d achieved in just two hours.

The Group will meet again at Coddington Village Hall, 2.30 - 4.30 pm on Thursday 26th April. Maggie George, Group Leader 07790 719870, email maggiegeorge@gmail.com

Mike Hall
“tweaking”
the
Ballroom
Dancing
Group

